PSHE overview

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|  | **Autumn term** | **Spring term** | | | **Summer term** | | |
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| **Y1** | **Relationships: Family**  What makes a Family? | **Health and Wellbeing: Physical Health**  Staying healthy | | **Health and Wellbeing: Growing**  Growing up | **Living in the Wider World: Online safety**  Q1) Screen time  Q2) Personal information | | |
| **Y2** | **Relationships: Friends**  Keeping Friendships healthy | **Health and Wellbeing**:  Mental Wellbeing:  Understanding my feelings | | | **Living in the Wider World: Our Communities** | **Living in the Wider World: Online safety**  Q3) Online strangers  Q4) Fake news | |
| **Y3** | **Living in the Wider World: Our Communities** | **Relationship: Family**  What makes a Family? | **Physical Health:**  Staying healthy | | **Living in the Wider World: Online safety**  Q1) Online strangers  Q2) Sharing online  Q3) Friendship Online | | |
| **Y4** | **Relationships: Friends**  Keeping Friendships healthy | **Mental Wellbeing:**  Understanding my feelings | | | **Living in the Wider World: Online Safety**  Q4? Personal information  Q5) Digital Media  Q6) Verifying content and echo chambers | | |
| **Y5** | **Living in the Wider World: Online Safety**  Q1) Control and consent  Q2) Protecting our identity  Q3) Meeting strangers online  Q4) Personal information, terms and conditions | **Mental Wellbeing**:  Understanding my feelings | | | **Physical Health**:  Staying healthy | | |
| **Y6** | **Relationships: Family**  What makes a family? | **Relationships: Friends**  Keeping friendships healthy | | | **Living in the Wider World**: **Our communities**  Online Safety  Q5) Analysing Digital Media  Q6) Bias  Q7) Echo chambers  Q8) Does the Internet make us happy? | | **Health and Wellbeing:**  Puberty & sexual reproduction |