**Y3 PHSE Whole School Progression of Knowledge and Skills**

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| **YEAR THREE** | | | | |
| **Vocabulary/Significant Knowledge** | **What makes a family?** | **Staying healthy** | **Our communities** | **Online safety** |
| Foster care, adoption, divorce, break-up, death, grief, illness, disability, religion, skin colour, Islam, Muslim, mosque, prayers, represent, discrimination, gender, stereotype, sexism, bullying, diversity, religion. | Active, healthy, exercise, food, nutrition, diet, sugar, fat, protein, vitamins, balance, germs, bacteria, virus, hygiene, infection | Rules, laws, government, vote, rights, police, fair, equal, equality, community, citizen, support, belong, adoption, community, responsibility, acts of kindness | Strangers, online, deception, social media, Personal, information, privacy, stranger, trust, Social media, kindness, cyberbullying, friendship, pressure, behaviour |
| **PHSE Enquiry Questions** | Do families always stay the same?  Are all families like mine?  Are boys and girls the same? | How do I keep my body healthy?  How do I eat a healthy diet?  How do I stop getting ill? | How do we make the world fair?  Where do you feel like you belong?  How can we help the people around us? | Online strangers: who do we trust?  What is personal information?  How should we behave online? |
| **Skills** | * Understand the way that families can   change (including bereavement).   * Appreciate that there are cultural   differences between families in their  communities.   * Know that boys and girls should be   treated equally | * Appreciate the importance of exercise. * Appreciate the importance of a healthy diet. * Understand issues relating to hygiene   and illness | * Appreciate the ongoing complexity of close friendships * Celebrate difference. * Identify manipulation tactics * Learn to stand up for our own interests * Identify and challenge bullying and stereotypes * Accept and celebrate difference * Begin to understand gender identity. |  |